



“Whatever your work is, put your heart into it, for it is the Lord that you serve.”

-Colossians 3:23-

+Making Christ the Lord of Your Workplace+

Now that you've established that Jesus is the Lord of your home, it's time to take it to the workplace! Are you working and interacting with your co-workers and customers in such a way that they know you are Catholic? Consider your workspace and mannerisms throughout the day and conduct a similar examination of conscience as you did for your household. Every single moment throughout the day, and every person you come into contact with, is an opportunity to grow in holiness and sanctify the world around us. Choose one new thing that will challenge you to grow and witness to the Lord in your workplace. Here are a few suggestions to get you thinking:

- Before diving into your work right away, take a moment for prayer and ask the Holy Spirit to be with you throughout the day with each task and each individual you meet (check out the *Litany to Sanctify Work* in your home kit)
- Hang up a crucifix nearby, or a holy picture on your computer desktop, or keep a small cross in your pocket, so you are constantly reminded that you are an ambassador for Him throughout the day
- If you rely on coffee, snacks or anything else to get you through the day, choose something specific to sacrifice for one day a week, offering up that sacrifice for a family member, friend, or co-worker you want to pray for
- Be wary of gossip and idle conversation among your co-workers; try to change the flow of the conversation or take yourself out of the situation

“ Thus as worshipers whose every deed is holy, the lay faithful consecrate the world itself to God.”

(Vatican II Document *Lumen Gentium*, paragraph 34)